

IGLESIA MISIÓN CRISTIANA

# 40 DAYS OF PRAYER AND FASTING



In this new year we would like God's people to begin to pray with more understanding and purpose; may they arise with a clear vision that includes daily and constant prayer in their lives and family. Since this devotional will be centered on the New Testament, we will see when, where, why to pray, results of prayer and the effect of prayer on new believers, among other points.

If you have decided to add fasting time to the days of prayer, we invite you to consult your doctor if you are going to have long periods of abstinence from food, or if you need to use medication. A method to start would be to do a period of 12 hours, the next day add 2 more hours and so on until you reach a time that you understand is not harmful to your health.

# If weather conditions permit, the sanctuary will be open for prayer on the following days:

- Saturdays, January 6, 13, 20, 27 9:00am-12:00pm
- Saturday, February 3 9:00am-12:00pm

"From then on Jesus began to preach and say:
Repent, for the kingdom of heaven is at hand.
As Jesus was walking by the Sea of Galilee, he saw two brothers, Simon called
Peter, and Andrew his brother, casting a net into the sea;
because they were fishermen.

And he said to them, Come after me, and I will make you fishers of men. And they straightway left their nets, and followed him.

As he passed on from there, he saw two other brothers, James son of Zebedee, and John his brother, in the boat with Zebedee their father, mending their nets; and I call them.

And they immediately left the boat and their father and followed him. Mateo 4: 18-22

Your Pastors Edwin José Rodríguez, Harlington Ariza, Edwin Rodríguez and the Ministry of Prayer invite you to follow the Lord in this experience of faith, prayer and growth.

Bible Verse: Luke 3:21-22

**Prayer:** Let us pray before the beginning of a

new stage

### **Specific request:**

• Jesus would have prayed to the Father? Could it have been: "Here I am, let us begin the work for which I was sent...". Just as Jesus prayed for the beginning of a new season in his life, so we must pray to begin the day and to get through each season. If Jesus is the most important thing in your life, start praying to the Father in the name of Jesus.

Date: January 2

Bible Verse: Matthew 5:43-48

**Prayer:** Valuable teachings of Jesus

### **Specific Request:**

 In the Sermon on the Mount Jesus shares great teachings with us and in these verses he invites us to change from the inside out through love; so that we can leave all thoughts of hatred and pride. Today, let's present ourselves to the Lord and tell him: "I want to forgive, just as you forgave me.

Bible Verse: Matthew 6:5-15

**Prayer:** The Master teaches us to pray

### Specific request:

 The teachings of Jesus are extremely important, for this reason let us begin this discipline of prayer, choosing the place in the house where it will become our special space to go on our knees in adoration and say to the Lord: "Do not lead us into temptation, deliver us." of evil."



Date: January 4

Bible Verse: Matthew 7:7-12

Prayer: Ask, seek and call

### Specific request:

 Our savior tells us about prayer as the ordered means to receive what we need. The mandate to pray brings a promise and we know that where there is a heart that prays, there is also a sovereign God who listens and responds with peace in the midst of storms. Remember, you are not alone in your need. Start praying!

Bible Verse: Matthew 14:23

Prayer: Take time to pray alone

### **Specific Prayer:**

 It is important to retreat from the hustle and bustle of the morning or day to take time alone with our Creator. The commentator Matthew Henry tells us: "A servant of God cannot be profitable in public if he does not know how to seek his face in private."
 Solitude in communion with God is a great source of blessing; Enjoy it.



Date: January 6

Bible Verse: Mark 7:31-37

Prayer: It's time to groan

### **Specific Prayer:**

Our health needs are not hidden from the Lord.
In this Biblical portion we see the compassion of
Jesus in his groaning to heaven, as if saying: "let
your ears be opened to hear and understand the
word of reconciliation and let your lips be opened
to testify what I have done in you." We groan for
our needs.

Bible Verse: Mark 8:1-10

Prayer: Let us give thanks for the daily

provision

### **Specific request:**

 Jesus' heart is moved by that crowd that had been following him for three days to satisfy their spiritual hunger and that at that time they were physically hungry; He did not hesitate to satisfy both needs. For this reason, those of us who have Christ give thanks knowing that in our father's house "there is abundant bread" (Lk. 15:17).

Date: January 8

Bible Verse: Luke 9:28-36

**Prayer:** The transfiguration

### Petición de oración:

We will never know what happened on the Mount of Transfiguration. Jesus had gone there to be in prayer to the Father and something great happened that Peter, John and James witnessed. Today we invite you to seek the face of God and listen to his voice through the Word, so that you too may be transformed.

Bible Verse: Matthew 19:13-15

Prayer: Let's seek the blessing

### **Specific request:**

 We cannot help but admire the faith of those who brought the children to Jesus. The laying on of hands represented the blessing of the Parents for their children and meant family love. Today let us present children and youth, so that the Lord may bless them and use them for his glory.



Date: January 10

Bible Verse: Matthew 21:12-13

Prayer: May your house be, house of prayer

### Specific request:

 Jesus imposes his authority, reminding them that the temple is to be used for what it was built and dedicated. Our lives must also be separated and dedicated to prayer, reading the word and life of faith. Let us prostrate ourselves and pray to the Father to help us cleanse our spiritual temple.

Bible Verse: Matthew 24:3-28

Prayer: Run

### Specific request:

 No one knows or will know what will happen on the day of Christ's return. But if we know that, He Himself warns us about signs that will precede His coming, and also invites us to be cautious before the final days, because deceivers and false prophets will come. For this reason let us affirm our life in prayer so as not to be confused.

Date: January 12

Bible Verse: Matthew 26:26-29

**Prayer:** How important is it the Lord's

Supper

### Specific request:

 The Lord's Supper is a Sacrament or ordinance that must be performed in every church that preaches the gospel of Jesus Christ. In this way we are confessing that we believe and receive the sacrifice of Christ to cover each of our sins and it fills us with joy to know that one day we will take it in his presence. Let us pray with gratitude.

Bible Verse: Matthew 26:36-46

Prayer: Let's say always: "Thy will be done"

### Specific request:

 Jesus took the same disciples that he took to the Mount of Transfiguration to be with him, in Gethsemane, (which means Olive Press). His soul was very overwhelmed with mortal sadness, but even though he was in agony, he prayed more intensely. This is what we should do today, let's learn to pray intensely.

Date: January 14

Bible Verses: Luke 1:8-15

Prayer: Our prayers are heard

### **Specific request:**

 The Lord does not forget our prayers, but retains them to answer them at the right time. Children are an inheritance from Jehovah and a thing of esteem, so, knowing that God puts them in our hands, let us pray that He will help us raise them for Him and that they will be used for the glory of His name.

Bible Verses: John 11:38-44

**Prayer:** If we believe we will see the glory of

God

### **Specific request:**

 We can compare this miracle of new life to us, who one day were spiritually dead, but Jesus gave us life and life in abundance. Let's take time to pray for our family and friends who have not yet received Christ as Savior.

Date: January 16

Bible Verses: Acts 1:12-14

Oración: When we need direction, we need

prayer

## **Specific request:**

 The book of The Acts begins by telling us that after Jesus ascended to Heaven, the twelve Disciples and the mother of Jesus remained together in prayer and prayer, in expectation of what was going to happen. So let each of us remain united in prayer, waiting for the blessing.

Bible Verses: Acts 6:1-7

**Prayer:** What God has entrusted to you, do it

with excellence

### Specific request:

The church began to grow and for this reason it
was necessary to choose men with important
qualities; of good testimony, filled with the Holy
Spirit and wisdom to attend to all the needs that
arose and thus the Disciples would be in charge
of praying and preaching. Let us pray that the
Father helps us to give our best.

Date: January 18

Bible Verses: Acts 9:1-18

Prayer: The Lord is counting on you

### Specific request:

 Ananias' faithfulness to the Lord was the culmination of God's call and purpose for Saul.
 We must leave racial and social prejudices aside and begin to pray that the Lord prepares leaders who will evangelize the new generation that is rising in a world that is rapidly corrupting.

Bible Verses: Acts 12:1-5

**Prayer:** Let us pray for those who defend the

gospel

### Specific request:

 Imprisonment is one of the ways that governments even today do to prevent the spread of the gospel; many die in them due to lack of food and health conditions; Some of these countries are: China, Iran and North Korea. Let's open our eyes, there is a lot to pray for.

Date: January 20

Bible Verses: Acts 13:1-3

Prayer: Tell the Lord: "Send me"

### Specific request:

 This is a chapter where we see the beginning of the Missionary era in the Church. It is important to understand that the needs of communities change and that God can raise up new ministries to meet these needs. Let us pray to the Lord to reveal his calling to your heart.

Bible Verses: Acts 14:21-23

**Prayer:** Let us pray and exhort

### Specific request:

 The gospel continues to be proclaimed through men and women who do not stop and trust in the God who called them, who does not abandon them, who renews their strength and encourages them. Let us learn from them and keep praying and fasting to be efficient and win many lives for the kingdom of heaven.

Date: January 22

Bible Verses: Acts 16:11-15

**Prayer:** It's time to pray and evangelize

### **Specific request:**

 We see the beginning of Paul's second missionary journey and his never-ending intention to share the gospel; At this time he started a women's group and founded the first European church. Let us not stop praying for the Pastors of the current Christian Mission Churches and those yet to be born.

Bible Verses: Acts 28:7-10

**Prayer:** Will it be impossible for God?

### **Specific request:**

 God had enabled Paul with the gift of healing and since he knew what was happening on that island, he was pleased to heal Publio's father and with him many others for whom he prayed and laid his hands on them so that they would receive health. Pray with faith when faced with a need and you will be surprised at what God can do.

Date: January 24

Bible Verses: Romans 1:8-12

Prayer: Let us pray for those new to the

Faith

### **Specific request:**

 Let us give thanks to the Lord for every life that receives Christ as its only Savior, that decides to go down to the baptismal waters and serve Him wholeheartedly. Let us pray for them so that the Lord will train them and use them in the various areas of service of the church and this will be for his glory.

Bible Verses: Romans 12:9-13

Prayer: By praying we do the work and the

victories are won

### Specific prayer:

 No matter what our present circumstances, we must love, forgive, and be the best representatives of the gospel of Jesus Christ.
 Prayer brings power to our lives and peace to our hearts. Let us pray at all times.

Date: January 26

Bible Verses: Romans 15:30-33

**Prayer:** Pray for Missionaries around the

world

### Specific request:

 Paul asks them for three prayers and these can be the prayers we pray today for the Missionaries and evangelists: 1. That he frees them from the rebels, 2. That the needy accept help with grace and 3. That they can have rest in the midst of a tumultuous and tiring ministry.

Bible Verses: 1 Corinthians 1:1-9

**Prayer:** Called to be saints

### **Specific request:**

 Paul thanks God for the saints in Christ, for those who were called to forgiveness and redemption who still stand firm longing to be blameless until the day of his coming. Let us give thanks for the person who introduced us to our Savior.



Date: January 28

Bible Verses: 2 Corinthians 1:3-7

Prayer: Let's bless God

## Specific request:

In this very important letter from Paul, we see
his great heart bursting into praise of
thanksgiving to God the Father and Jesus
Christ for the active consolation of his life in
the midst of tribulations. Likewise today God
comforts us and lifts us up so that with a
grateful heart we worship Him and witness to
others.

Bible Verses: Galatians 1:1-5

**Prayer:** Let us remember

### **Specific request:**

 Paul reminds his readers of the enormous cost of our salvation and deliverance from our sins. through Jesus. As we value this freedom that brings us grace and peace, we must be constantly motivated to praise our redeemer.



Date: January 30

Bible Verses: Ephesians 1:15-23

Prayer: Let's say a big Amen!

## Specific request:

 Let us do like the Apostle who, in his prayers, gave thanks for his brothers in faith, who were growing in the love they had for each other and in putting faith above all human law. Let us strive every day to love each other more and more, until the day of our Savior's coming.

Bible Verse: Ephesians 3:14-21

Prayer: Let's bend our knees

### Specific request:

 Prayer is the most important practice to approach our Heavenly Father with all sincerity, so that, by his Spirit, we may be strengthened and thus achieve his eternal plans for our lives and for humanity. May our life be one of constant prayer.

Date: February 1

Bible Verses: Ephesians 6:10-20

Prayer: The Christian life is like a combat

## Specific request:

 The Sword of the Spirit is the word of God and here we see illustrated the three times that Jesus cited the word in his encounter with satan. Prayer in the Spirit is led by God and we must perform it with perseverance and supplication. Let's take this time to be transformed and strengthened.

Bible Verse: Philippians 4:1-9

Prayer: Worry less and pray more

### **Specific request:**

 In the midst of our daily crises, we must develop good daily habits of prayer, which will produce joy and kindness toward others. Let's enjoy the time of prayer and live the word so that the God of peace is with us.



**Date:** February 3

Bible Verse: Colossians 1:3-14

Prayer: Let us grow in the knowledge of God

### Specific request:

 Let us thank God for believers, including in this prayer the young people around the world, so that the Lord fills them with knowledge and wisdom and they can joyfully bear good fruit and testimony to those who do not yet believe in the gospel of forgiveness and restoration.

Bible Verse: 1 Timothy 2: 1-7

Prayer: Jesus Christ is the only mediator

### **Specific request:**

 Today it is up to us to raise requests to pray for all the rulers of the earth, so that the Lord helps them make good decisions and so that the Spirit of God is revealed to them and they can receive Christ as their only savior.



Date: February 5

**Bible Verses:** Hebrews 5:7-10

**Prayer:** Some prayers will be accompanied

by tears

### Specific request:

 We learned from Jesus, our teacher, not to seek our own glory, but in the midst of our crises, we offer sincere prayers and supplications with great cries and tears, which will cleanse our hearts and change our souls.

Bible Verses: James 5:13-18

Prayer: Let us be anointed with oil in the

name of the Lord

### Specific request:

 At some point the disease will strike our lives or the life of a loved one, the Bible invites us to communicate this to the elders of the Church so that together we can have a fervent prayer to our creator.

**Date:** February 7

Bible Verses: 1 Peter 3:8-12

Prayer: Let's develop a good conscience

### Specific request:

 The ears of the Lord are attentive to all our prayers and his eyes see all our actions. For this reason, let us evaluate our language, our attitudes, our hidden life, let us repent of all sin and live a genuinely Christian life.

Bible Verses: 1 Peter 4:7-11

Prayer: Let us glorify Jesus Christ

### **Specific request:**

 Christ is coming soon! So, let us pray that we fulfill the ministry for which each one was called; but above all let us love each other without pretense, "...because he who does not love is not from God, because God is love..." (1 John 4:7-21)



**Date:** February 9

Bible Verses: Jude 1:17-23

Prayer: Let's affirm ourselves in the faith

## Specific request:

 It is necessary that we maintain a life of prayer in the Spirit, so that our faith grows every day and we can defend the Gospel against the threats of false prophets who come to want to destroy the unity of the Church "And he who is able to keep you from falling, and to present you blameless before the presence of his glory with great joy, to the only wise God, our Savior; glory and majesty, empire and power, now and forever. Amen".

lude 1: 24-25





Friday, February 9 7:30 pm



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